

Personal Development Plan

Wrap Around Service
for Students



Why write a Personal Development Plan (PDP)?

- Living in the 21st century places great demands on the individual who wants to have a successful life.
- There is the question of what a “Successful Life” actually is...
- What someone sees as a successful life may very well not appeal to your idea of success.
- Maybe you want to be a superstar, or a model, or a musician.
- Or maybe you would rather become a hairdresser or an accountant.
- Then there is the question of how you want to live. Maybe you want children, family life and fulfilment via a sense of community.

Let's face it, success is in the eye of the beholder. That is why it is so important that you start your PDP with a section of what you want...

How to write a PDP

Writing your PDP down is the most important part of the plan.

Research suggests that people who write down a personal plan, tends to be more successful than those who don't.

Start your PDP with an overview of who you want to be.

If you are young, this could be whether you want to be married, have children, where you want to live and how you see the future.

Don't forget to write what job, qualifications and other aspirations you want.

Think about this one....

- **Do you know what your Life Purpose is?** Any idea what you were you born to do? Can you figure out the meaning of your life?
- **What are your Dreams?** Write down those far-reaching thoughts. What inspires you? What will get you to action?
- **What are your goals? Set short-, Medium- and Long-Term Goals.** Break up your goals between short-medium- and long-term goals. You should identify some goals that you can accomplish within a few months.
- **Achieving** your goals will inspire you and help to motivate you. This will drive you towards your multi-year goals. Measurable progress towards your goals is very important.

What are your Beliefs and Values that you subscribe to

- What do you stand for?
- And, what do you wish for?
- What inspires you?
- Who are your hero's?



Set Objectives

What are your Career objectives?

- Now that you understand yourself a bit better, it is time to start thinking of your actual career objectives.
- Consider the career possibilities very carefully.
- There are lots you can do. If you are in a job already, consider how you can use your current situation to evolve to where you want to be.

What are your education & training objectives?

- Have you identified possible courses to help you to your career goals? There are so many to choose from.
- Skillzbook.com has an online learning section where you can choose from an ever-growing number of options. There some free courses, supplied by Skillzbook.com and many others from different education providers. Be sure to check them out.

Success and Milestones.

- As you accomplish goals and dreams, celebrate your successes.
- It is very important to measure your progress regularly. Progress measured is progress made.

Develop a System

Goal Category	One Year	Three Year	Five Year	Ten Year
Career Goals				
Education Objectives				
Financial Achievements				
Physical Health				
Social Standing				
Personal Position				

Conclusion

Consider the following questions:

1. What exactly do I want to accomplish?
2. Why do I want to do that?
3. Who can help me with my goal?
4. How will do I get there?
5. What will I need to do?

**Thank
You**

